



# Democrats of Oro Valley

NIL CARBORUNDUM ILLEGITIMI

Serving Democrats in Oro Valley and Greater Northwest Tucson  
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Newsletter  
November  
2025

We're now on Day 31 of the government shutdown, and I want to be clear this is about the cost of your health care. ACA monthly premiums are set to double, even triple in price. This isn't about politics. It's about doing what's right for families in Arizona and across the country. I am fighting to protect affordable health care and make sure no one gets left behind. *Senator Mark Kelly*

## 2025 Dues Still Only \$20

Pay using the DOV website below or send a check to DOV at P.O. Box 68186, Oro Valley, AZ 85737

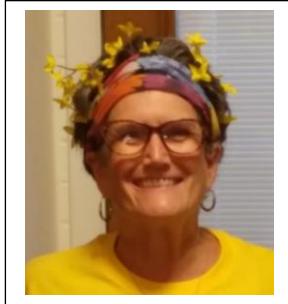
**Dues accepted at: <https://secure.actblue.com/donate/dovdues>**

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**November 10<sup>th</sup> In-person Meeting: Oro Valley Library from 6:00-7:30**

**Speakers: Amy Gosla, Sandy Bahr & Chris Cosico**



### **Amy Gosla, Activist**

Over the past ten years, my activism work included collecting signatures for a variety of citizen initiatives, canvassing for candidates in LD 11/17, phone banking, postcard writing, working as an election poll observer, protesting, and most recently taking on a leadership role with Indivisible Tucson Action Alliance as a co-chair and events coordinator. I am also on the Democracy Unites Us leadership team as a liaison for ITAA.

I taught third grade for 27 years for the Amphitheater Public School District at F.O. Holaway and Painted Sky Elementary Schools.



## **Sandy Bahr, Director of the Arizona Grand Canyon Chapter of Sierra Club**

Sandy's responsibilities include advocating for environmental protection, promoting climate action and justice, collaborating with state and federal agencies, developing and evaluating policies, conducting research and grassroots outreach and organizing, developing and implementing priority projects, fundraising and budget development, and supervising staff.

Originally from Michigan, she has made the Sonoran Desert her home for 38 years and worked actively on environmental protection issues in Arizona, both as a volunteer and as a staff member. Sandy monitors and advocates for environmental protection, clean energy, and climate justice at the Arizona Legislature, the Arizona Corporation Commission, and various state and federal agencies.

Sandy's awards include the 2016 Scrapping Bear Award from the Arizona Chapter of the Wildlife Society for her wildlife advocacy work, the 2017 Arizona Interfaith Power and Light Spirited Activists Greening the Earth award, the 2018 Arizona Capitol Times recognition for Best Activist, the 2019 Best Environmentalist recognition from Phoenix New Times, and the 2023 recognition from Chispa Arizona.

Sandy has an associate's degree in applied science in civil engineering, a bachelor's degree in environmental studies, and a master's degree in legal studies.



## **Chris Cosico, Campaign Manager for Rural Arizona Action**

Chris currently serves as Campaign Manager for Rural Arizona Action, leading efforts to expand civic engagement in rural communities across the state. He is also an At-Large Member of the Democrats of Greater Tucson Board and was recently appointed PC in LD-17.

Previously, Chris worked as a Field Organizer and later as a Regional Organizing Director for the Arizona Democrat's 2024 coordinated campaign. Following that, Chris led efforts to re-establish the College Democrats of Arizona. Before entering politics, he worked as an EMT during the COVID-19 pandemic.



## Oro Valley Food Drive

Let us help furloughed workers, Vets, children, seniors and those less fortunate. Please bring non-perishable food items or cash/checks to our General Meeting.

A donation jar will be available at this meeting for the non-food donations. Please make checks out to ICF or Interfaith Community Services.

DOV can accept all dry and canned goods. Thank you for your generous donations and caring.



Please join us at for our **in-person** monthly meeting in the large meeting room of the Oro Valley Library **November 10** from 6:00 – 7:30 pm. We look forward to seeing you!



## No Kings Day and Beyond

by *Dee Maitland*

The Washington Post has a compelling opinion piece titled [The consequences of America's drift](#) written by Spencer Cox, the governor of Utah and Ian Marcus Corbin of Harvard and a senior fellow at the think tank [Capita](#). Their conclusion resonated with me:

*Our democracy will not last another 250 years if it is populated by communities lacking direction and animated by addiction. As (President Calvin) Coolidge proclaimed, we cannot rely on material prosperity alone. We must recover the “things of the spirit” – meaning, purpose and reverence for the good – if America is to endure.*

Cox and Corbin believe that creating communities around our founding principles of equality, liberty, popular sovereignty and basic human rights will relieve us of our modern malaise of loneliness, depression, anxiety, suicide and drug abuse. Attending the No Kings rally filled me with that sense of community, purpose and hope. The diversity of causes, creative signage, the genders, ages and species (including dogs, unicorns, frogs, dinosaurs and chickens) represented there was a powerful delight. It was a unifying elixir for what ails us.

The numbers were astounding. Over 7 million people in over 2700 municipalities in all 50 states and 270 organizations participated. Many successful collaborations were formed and are now working together in an ongoing effort to fight the lawlessness, corruption and cruelty of Trump and MAGA. The most recent collaborative effort asks subscribers to cancel their Spotify accounts, clearly telling the company that running ICE recruitment ads is unacceptable. Indivisible will be posting other sources where we can get our favorite music.

Besides fighting against a Trump monarchy, we also need to fight aggressively against the rising oligarchy. In just 9 months, they have deregulated our air, water banks, food supply protections and invaded our cities to the point that we are no longer safe. All sources of news are now owned by just 6 individuals. As we work towards a landslide in the 2026 elections, we must dispense the truth to counter all their lies.

This holiday season let's keep our spending and giving local. Let's hold hands and laugh and dance. Let's share experiences instead of expensive gifts that profit billionaires. Let's brainstorm how we can make sure those who are losing SNAP are fed; those who have been let go have support systems; those who need legal assistance have resources; and those who can no longer afford health insurance have care. This will show the world that we Democrats are the good people and should have their vote in the 2026 election.



## No Kings 2 protest numbers are impressive

USA: **7,000,000** protesters at **2,700** sites, the largest demonstration in history.

Arizona: **100,293** protesters at **71** sites throughout the state.

Pima County: **15,217** protesters at **12** sites

We are definitely on a roll; Hands Off protest in April was estimated at 3 million nationwide; No Kings in June was estimated at 5 million, and No Kings 2 this month is estimated at 7 million.

We need to keep the pressure on.

## KEEP ARIZONA BLUE STUDENT COALITION



With fall here, local elections are approaching. You may not be receiving the bombardment of advertisements and media appearances as you would for federal and statewide races but believe us: what's on this year's ballot is just as important.

Voters across Arizona will have the chance to vote on several initiatives regarding funding for education, teacher pay, and even affordable healthcare! **But here's what we know: youth voter turnout in local elections is extremely small—in the last one, it was just 3.5%.**

That's why we're out in the field knocking doors, making calls, sending texts, and mobilizing youth across communities to turn out in local elections across AZ this November. This fall isn't about waiting - it's about acting.

A recent New York Times article revealed what we've been feeling on campuses: **youth support for Donald Trump is slipping. Click below to find out why.**

## Trump's Youth Support Has Faded. These 11 Young Trump Voters Explain Why.

That's not just a headline. It's momentum, and it's an opening for us to continue organizing, mobilizing, and showing Arizona what Gen Z can do. Keep AZ Blue is ready to seize this moment, but building power takes resources and teamwork.

[This is our chance to prove that young voters aren't just watching—we're leading. Will you help us build on this momentum?](#)

# It's Holiday Party Time

with

The Democrats of Oro Valley  
and David Fitzsimmons

Monday, December 8, 2025

5 PM to 7 PM



10180 N. Oracle  
Oro Valley, AZ 85737

## Menu:

Build your own Ground Beef Taco  
Mini Chicken Chimis  
Chilaquiles (enchilada casserole)  
Refried Beans and Spanish Rice  
Chips, Salsa and Guacamole  
Coffee, Tea and Sodas included  
Holiday Cake  
Cash bar

## Raffle to benefit the Democrats of Oro Valley

Tickets \$1.00 each or 6 for \$5.00

RSVP by December 4<sup>th</sup> to  
[info@demsov.org](mailto:info@demsov.org)

Cost of \$20 per person  
will be collected at the door  
Cash or check only please

Checks payable to Democrats of Oro Valley

## Good News for Democracy *compiled by Jacolyn Marshall*



### *From the Associated Press:*

- **10/8:** University of Arizona Faculty Senate demanded UA President reject the White House compact requiring ideological, political and financial commitments in return for funding advantages.
- **10/8:** After four separate federal courts rejected Trump's birthright order, the US Circuit Court of Appeals upheld their decisions by blocking it nationwide.
- **10/10:** Bob Ross Inc. announced 30 of his paintings will be auctioned in LA, London, New York, and Boston and all profits will go to support public television.
- **10/10:** Trump-appointed federal judge ruled Trump violated Oregon's 10<sup>th</sup> Amendment rights by infringing on its state sovereignty and police powers when he federalized its National Guard.
- **10/11:** Pope Leo addressed executives of an international consortium of leading news agencies including The Associated Press asking them to stand firm in protecting a free, independent and objective press.
- **10/12:** Supreme Court justices seemed likely to ban LGVTQ+ conversion therapy for children as a violation of their First Amendment rights.
- **10/12:** Federal judge blocked the Trump Administration from requiring recipients of teen pregnancy prevention grants to comply with radical indoctrination and gender ideology.
- **10/12:** US District judge blocked the deployment of National Guard troops in Chicago finding no substantial evidence of an imminent rebellion.
- **10/12:** Supreme Court rejected an appeal by Ghislaine Maxwell, the imprisoned girlfriend of Epstein
- **10/15:** Former first lady Michelle Obama pledged \$2.5 million to the Obama Foundation's Girls Opportunity Alliance with dozens of grassroots groups who advance girls' education worldwide.
- **10/16:** Barack Obama entered the fight to gain control of the US House in his 30-second ad urging California voters to approve the Prop.50 ballot proposal that could add five more Democrats in Congress.
- **10/17:** Federal judge blocked Trump's plans to fire more than 10,000 civilian federal workers in seven departments during the partial shutdown in response to unions claiming the firings are illegal.
- **10/17:** New AP poll found Trump's approval rating dropped with 7 in 10 Asian, Hawaiian and Pacific Islander adults disapproving of his handling of immigrants, arrests and deportations.
- **10/17:** Adelita Grijalva, Congressional Hispanic Caucus leaders and Senator Kelly pressed House Speaker Johnson to swear her in.
- **10/17:** Brown University rejected Trump's compact on grounds that it would curtail academic freedom and undermine the university's independence.
- **10/18:** Arizona Supreme Court ruled Secretary of State Adrian Fontes has the authority to alter the state's Election Procedures Manual with the standard 15 days for individuals to comment on them.
- **10/19:** With only one exception, news outlets rejected Hegseth's new rule that all information, classified or otherwise, must be approved by him; journalists turned in their media credentials and left their WH posts.

- **10/19:** Humanity AI, a coalition of 10 philanthropic foundations committed \$500 million to place human interests including advancing democracy, strengthening education and defending personal safety at the forefront of AI's integration into daily life.
- **10/21:** National Indigenous Domestic Violence Hotline received new federal funds to help the 50% of Native American and Alaska Native women who have been victims of sexual assault; Arizona has 22 tribes in need of culturally specific domestic violence services.
- **10/21:** Young Native Americans are leading the fight against high rates of food insecurity in tribal communities after receiving \$720,000 from Newman's Own Foundation and Ozempic.
- **10/22:** Reporters continue to report on US military actions after leaving the Pentagon, including the attacks on boats in the Caribbean and the retirement of US Navy Admiral who expressed his concerns.
- **10/23:** The mayor of San Francisco and state leaders pushed back against Trump's threat to send 830,000 National Guard troops into the city where crime is down, and tent encampments are gone.
- **10/25:** Social Security benefits will increase by 2.8% for 71 million recipients beginning in January.
- **10/25:** Kenyan company is transforming the root structure of mushrooms into building materials that are more sustainable and less expensive than brick and mortar.
- **10/28:** California's fight to erase up to five Republican seats in the House could be decided by TV advertising that shows Republican opponents running low on campaign ads and options.
- **10/29:** Ukraine's upgraded sea drones can operate anywhere in the Black Sea with heavier weapons, the use of AI for targeting, and an expanded range of 930 miles.
- **10/30:** GOP is facing increased voter frustration over the rising costs of health care and their prolonged governmental shutdown.
- **10/30:** Habitat for Humanity International loaned out \$230 million to 56 microfinance banks in 36 countries that directly helped 1 million people make home improvements in the past 12 years.
- **11/1:** Catholic church leaders and their parishioners are defending the rights of migrants, accompanying them to immigration court, and making food deliveries to those in hiding.
- **11/2:** Federal judge barred Trump from firing federal employees during the shutdown on grounds the cuts were likely politically motivated.
- **11/2:** Two federal judges ruled Trump must continue to fund SNAP, the nation's food aid program.
- **11/2:** AP poll shows percentage of Hispanic men and adults under 45 who say the country is going in the wrong direction increased to 73%.

***From Capitol Media Services/ Arizona Daily Star/ Arizona Republic***

- **10/13:** Pima County Supervisor Jennifer Allen proposed a resolution to oppose any effort by the Trump Administration to politicize higher education and suppress diverse viewpoints at UA.
- **10/13:** AG Mayes sued Tucson owners of a mobile home park over its dangerous, unreliable electrical system, noting mobile homes account for 10% of all housing, but 30% of heat related deaths.

- **10/15:** Tucson launched a citywide initiative to improve public safety and responses to homelessness and the opioid crises by targeting public drug use and leveraging law enforcement actions.
- **10/16:** AG Mayes notified House speaker Johnson that she will sue him if he does not swear Adelita Grijalva into office by the end of the day on Thursday, October 16, 2025.
- **10/16:** Student leaders urged UA President to reject Trump's compact, calling it stupid, vague and a threat to free speech; Pima Board of Supervisors passed a resolution opposing the compact.
- **10/19:** Daily Star reported more than 2,600 rallies organized by hundreds of coalition partners were planned for the October 18 No Kings protests in cities, large and small, including some outside the US.
- **10/20:** Thousands rallied at No Kings events stretching from downtown Tucson to multiple midtown sites, Oro Valley and Green Valley; an estimated 14,000 to 15,000 protested at the Capitol in Phoenix.
- **10/20:** With the passage of a new CA law, a coordinated grid to pool solar power in Arizona, wind in Wyoming, hydro in Washington and battery storage in California is possible; shared resources would meet the demands of 11 different states with a surplus of energy across the region.
- **10/21:** Governor Hobbs met with government and business leaders in Mexico to collaborate on economic growth and development, supply chains, border security, water conservation and trade.
- **10/21:** Walk to End Alzheimer's will take place in Tucson and Green Valley/Sahuarita to raise money to support programs, services and research for the 150,000 Arizonans living with the degenerative disorder.
- **10/23:** AG Mayes and Representative-elect Grijalva filed suit against the US House for illegally and arbitrarily failing to swear her in and give her full access to the post she won last month.
- **10/23:** Arizona Supreme Court granted AG Mayes' request for more time to pursue the fake electors' case that is currently stalled.
- **10/25:** Approximately 250 people filled a Marana elementary school cafeteria to oppose the opening of an immigration detention center at a former state prison in the town.
- **10/26:** UA President notified the Trump the university will not restrict academic freedom or individual speech on the part of its faculty and students.
- **10/28:** UA researchers are looking for solutions to Arizona's water future, including plans to treat and desalinate wastewater.
- **10/28:** Arizona's EV charging network is moving forward with more than 70 stations along state highways with the release of \$76.5 million in frozen federal funding.
- **10/28:** Community walks aim to protect immigrants with volunteers going door-to-door in different Tucson neighborhoods every month to inform them of their legal rights.
- **10/30:** AG Mayes, 22 other AGs and 3 governors filed a lawsuit to order USDA to use \$6 billion in a contingency fund to furnish SNAP and WIC benefits that affect 900,000 families in Arizona alone.
- **10/31:** Governor Hobbs is allocating \$1.5 million in leftover federal Covid funds to food banks across the state, giving another \$300,000 to the Food Bucks Now program, and calling on grocers and the fresh produce industry to donate food and logistical resources.

- **10/31:** Western National Parks, a partner of the National Park Service is covering the cost of keeping Saguaro National Park and Hubbell Trading Post National Historic Site open during the shutdown.
- **11/1:** US District Court judge ruled USDA must use the \$5.25 billion in contingency funds for SNAP payments during the shutdown.
- **11/2:** UA alumni Steve Kerr and his wife donated \$1 million to the College of Humanities Abroad to support students studying across the globe that will build understanding and bridge cultural divides.
- **11/2:** Community Food Bank of Southern Arizona prepares for an influx of users at 13 different locations during the government shutdown.
- **11/5:** Prescription discount card promised by Governor Hobbs is now available; Array RX will provide a 18% discount for named drugs, 80% on generics, and can be used in combination with insurance.

***From Run for Something by Amanda Litman***

- **10/20:** Today, we're announcing Run for Something's vision and strategy for expanding the map ahead of the 2030 redistricting process and 2032 presidential election, while not compromising short-term wins. We've got to do both.
- **10/20:** RFS will work to increase the bench in Arizona, North Carolina, Georgia and Ohio. We'll build the bench in Utah, Nebraska, and Iowa. And we'll build battlegrounds in Texas, Florida, Idaho, Louisiana, and Mississippi. By doing so, we lay the groundwork for many new paths to victory in 2032.
- **10/27:** We've been busy spreading the good word about our Battle Up strategy and prepping our candidates for GOTV.
- **10/27:** I joined Chris Jansing and NYT reporter Shane Goldmacher in MSNBC to talk about our strategy. [Read more about Battle Up](#)
- **10/27: 10/27:** I went on Utah Political Watch to talk about [why we're investing in](#) Utah as part of the Battle Up strategy.
- **11/3: Tomorrow is Election Day!!!** Run for Something is tracking our **223** candidates tomorrow; we've already helped elect 18 people this year!
- **11/3: RFS** is running a 5-year plan to expand the map and elect Democrats and values-aligned independents in states as varied as Utah, Idaho, Louisiana, and Mississippi. We can't leave this up to demographics or chance.
- **11/3: NYMag** published a list of [25 rising stars to watch in the Democratic Party](#), including RFS alumni James Talarico, Mallory McMorrow, Zach Wahls, Anna Eskamani, Yassamin Ansari, Analise Ortiz, Zooey Zephyr, and Amanda Gonzalez. We built that bench!
- Click here and help us [Keep it up](#)





# DEMOCRACY MATTERS.

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OPPORTUNITIES, PLEASE BE GENEROUS  
HELP OUR LOCAL FOOD  
BANK

\* Please consider donating some non-perishable food items or making a cash donation to one of our local food banks during this stressful time.

\*The Democrats of Oro Valley care about the health and well-being of our community.

SUPPORT OUR  
TROOPS!

\* Thanks to all of you who support our brave troops.

*\*Please donate any of these items to one of our local veterans' groups for distribution: deodorant, shaving items, toothpaste, toothbrushes, pocket novels and puzzle books.*

**December Holiday  
Party**

**Monday, December 8  
5:00 pm**

**Location:  
El Molinito Restaurant  
10180 N Oracle**

**Dinner & Raffle**

